



nutrition screening

This information is required to perform nutritional screening. Being well nourished at any stage of your life is important but particularly leading up to surgery to reduce complications and recovery time. Depending on the outcome of your nutritional screen, an appointment with the Dietitian may be recommended to discuss your diet to optimise your nutritional status.

Name _____ DOB _____

Weight _____

Height _____

Weight 3 - 6 months ago _____

If you have lost weight, was this intentional? Yes / No

If you have lost weight or are unsure about weight loss, please indicate if you have been experiencing any of the following:

- poor appetite eating less without planning to
- nausea/vomitting things taste funny/different
- constipation pain _____
- diarrhoea other _____
- getting full quickly

OFFICE USE ONLY

Low Risk / Medium Risk / High Risk

3D Dietetics Appointment Yes / No